

South Milwaukee

Local Wellness Policy Report Card | 2017-2018

<p>Overall Rating</p> <p style="font-size: 2em; color: #0056b3;">2.6</p>	<p>In 2010, the Healthy, Hunger Free Kids Act was passed, which expanded upon previous requirements and included new provisions that place a greater emphasis on the implementation, evaluation, and transparency of local wellness policies. A copy of the South Milwaukee wellness policy is available at FILL IN. Below you will find a summary of the policy objectives and the results of the most recent evaluation (3/28/2018). The school wellness committee completed the evaluation by scoring the adherence to policy objectives on a four-point scale. For questions regarding the results or for information on joining the wellness committee, contact Karen Stichart at kstichart@sdsm.k12.wi.us.</p>
<p>Ratings are based on a four-point scale to measure success in meeting/ complying with each objective.</p> <p>0 = objective not met/no activities completed 1 = objective partially met/some activities completed 2 = objective mostly met/multiple activities completed 3 = objective met/all activities completed</p>	

Nutrition Standards for All Foods in School	Rating
In keeping with the contractual obligations of the National School Lunch and Breakfast programs, the District prohibits food and beverage sales that are in direct conflict with the USDA standards.	3
Foods and beverages marketed or promoted to students on the school campus during the school day will meet or exceed the USDA Smart Snacks in School Nutrition Standards.	3
Students should have adequate time for meals (usually 10 minutes for breakfast and 20 minutes for lunch from the time they are seated).	3
Drinking water will be available to all students throughout the school day and throughout every school campus, including during meal times.	3
The District will promote healthy food and beverage choices for all students throughout the school campus, as well as encourage participation in school meal programs.	3
In an effort to support the consumption of nutrient dense foods in the school setting, the District has adopted the USDA Smart Snacks in School nutrition standards for foods and beverages sold outside of the school meal programs on school grounds.	3
Because of increased concerns regarding childhood obesity and food allergies, healthy commercially pre-packaged and labeled goods (store bought) are required, if the celebration is to involve food. Homemade treats will not be allowed. The Food Service department will provide a healthy classroom celebration menu as an alternative option.	3
Two fundraiser exemptions per student organization per school year will be allowed but they may not compete directly with the sale of reimbursable meals.	3
Strong consideration should be given to non-food items as part of any teacher-to-student incentive programs.	3

Comments:

Nutrition Promotion	Rating
Promote healthy food and beverage choices using at least ten smarter lunchroom techniques.	2
Local produce will be incorporated into the school meal programs.	2
Any food or beverages marketed or promoted to students on the school campus during the school day will meet or exceed the USDA Smart Snacks in School Nutrition Standards.	3

Comments:

Nutrition Education	Rating
The District has a comprehensive approach to nutrition consistent with the Dietary Guidelines for Americans and follows the policies and guidelines provided by the Wisconsin Department of Public Instruction.	3
Nutrition education will be provided to parents beginning at the elementary level. The goal will be to continue to educate parents throughout the middle and high school levels. Nutrition education will be provided in the form of handouts, postings on the District website, or presentations that focus on nutritional value and healthy lifestyles.	3

Comments:

Physical Education/Activity

The District will provide students with physical education, using an age-appropriate, sequential physical education curriculum consistent with national and state standards for physical education.	3
All students will be provided equal opportunity to participate in physical education classes.	3
Schools will offer students a variety of physical activity opportunities that are in addition to, and not as a substitute for, physical education.	3
All schools will offer at least 1 recess on all or most days.	3
The District supports opportunities (e.g., including activity clubs, open gym, recreation and varsity sports) for students to participate in physical activity before and/or after the school day.	3
The District encourages active transport to and from school, such as walking or biking.	3

Comments:

Other School Based Wellness Activities

The District will continue to provide a yearly literacy night. Families will be invited to participate in a nutrition literacy component which may include nutrition education and taste testing.	3

Comments:

Policy Monitoring and Implementation

The District Student Wellness Committee will monitor, evaluate, and revise the policy as necessary at least every three years.	1
The District will compile and publish an annual report to share basic information about the wellness policy and report on the progress of the schools within the District in meeting wellness goals.	0
The District will notify households/families of the availability of the annual report through the school newsletters and the Food Service website.	0

Comments: Annual report needs to be completed and shared with the public.