



- Shirts or jerseys must be tucked into the pants at all times.
- The junior size ball will be used for the 2nd & 3<sup>rd</sup> grade division; an intermediate size football will be used for 4<sup>th</sup> & 5<sup>th</sup> grade division.
- A mouth guard is required and may be **OBTAINED FREE OF CHARGE** at the Recreation Department.

## **FIELD**

- The playing field will measure 80 yards long by 40 yards wide, marked in 20-yard increments.

## **YARDS & DOWNS**

- A team will have 4 downs to advance the ball to the next 20-yard division line and receive a first down. Example: Team A kicks off to Team B and returns the kick to the 18-yard line. Team B needs only 2 yards for a first down.

## **HUDDLES**

- One (1) Coach is allowed in the huddle.

## **CONDUCT & DISCIPLINE**

- Participation in this league is a privilege that may be denied or suspended for just cause. When participating, teams, players, managers, and coaches acknowledge that they are acquainted with and will abide by league rules as a condition of this privilege.
- Coaches and players are responsible for their conduct before, during and after league games.
- Only the coaches and the field captain will be allowed to question the decision of the officials. Coaches must keep players or spectators away from sidelines.
- All player, coach, or spectator warnings because of unsportsmanlike conduct will be considered a team's warning. A second offense will result in player, coach, or spectator ejection from the contest and area. A third offense will result in a forfeit.
- Spectators must also adhere to rules of conduct:
- Spectators should remain in the spectator's area during the contest;
- Spectators should not yell instructions or criticisms to the players;
- Spectators should not interfere or make derogatory remarks to players, coaches, other spectators, or to game officials or field supervisors. Violation of this rule will result in removal of the spectator from the contest area.
- An adult must remain with the team during all practice sessions and league games.
- Any player or coach who is ejected from a game will be suspended from the next league game.

## **FORFEITED GAMES**

- All teams must have at least seven (7) players in order to start or finish a game. However, our intent is to play a game. If a team is short players, players from the other team should be used so that a game can be played.
- Refs will work all forfeited games that are played.

## **INJURY**

- The South Milwaukee Recreation Department shall not be responsible for any injury incurred, nor does the Recreation Department supply 1<sup>st</sup> Aid materials. The Recreation Department recommends that all players obtain some type of their own insurance, and that all teams provide their own 1<sup>st</sup> Aid equipment with the needed supplies.

## **JEWELRY**

- Jewelry may not be worn during practice or games. Taping of studded earrings is not permissible. Studs must be removed.

## **GAME EQUIPMENT**

- The head official will set up the field and provide game flags, ball, and down marker.